

Bannocks



WASH HANDS FIRST

Bannocks

Bannocks are a very simple form of bread that can be cooked on an open fire, grill or frying pan. You can create any combination you want by including fruit or nuts, but I prefer the basic bread.

1. Mix 2 parts self-raising flour with 1 part powdered milk and a pinch of salt.
2. Add in any filling you wish (nuts or fruit).
3. Add a little water to the mix to make a soft dough.
4. Create individual bannocks or one large loaf of bread.

Enjoy, but remember YOU ARE RESPONSIBLE TO CLEARING UP & WASHING UP YOUR OWN EQUIPMENT